

# Shoreline



City of Seal Beach Classes and Activities • Winter 2016-17



# City of Seal Beach

211 8th Street, Seal Beach, CA 90740 • (562) 431-2527

## CITY COUNCIL

City Council meetings are open to the public and are held at City Hall on the second and fourth Monday of each month at 7pm

Mayor	Sandra Massa-Lavitt, District 5
Mayor Pro Tem	Mike Varipapa, District 3
Council Member	Ellery Deaton, District 1
Council Member	David Sloan, District 2
Council Member	Gary Miller, District 4

## CITY STAFF

City Manager	Jill Ingram
Assistant City Manager	Patrick Gallegos
City Clerk	Robin Roberts
Chief of Police	Joseph Stelinovich
Deputy Director of Public Works/City Engineer	Michael Ho
Director of Community Development/ Community Services, Interim Director of Public Works	Jim Basham
Director of Finance/City Treasurer	Victoria Beatley
Marine Safety Chief	Joe Bailey

## COMMUNITY SERVICES STAFF

Recreation Manager	Tim Kelsey, ext. 1341
Community Services Coordinator	David Nett, ext. 1339
PT Recreation Coordinator	Kevin Ortiz, ext. 1307
Recreation Coordinator	Jessica Jacobs, ext. 1344

## RECREATION COMMISSIONERS

District 1	Roslyn Bennett
District 2	Lauren Sosenko
District 3	Rita Hayes
District 4	Schelly Sustarsic
District 5	Christine Bittner

## MUNICIPAL MEETINGS

### Council Meeting

7pm; 2nd & 4th Monday per month

### Planning Commission

7pm; 1st & 3rd Monday per month

### Environmental Quality Control Board

As Needed

### Recreation Commission

6:00pm; 4th Wednesday/month

January, February, March, April, May, June,  
September, October, November

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## HOLIDAY CLOSURES

Thanksgiving - November 24 & 25

Christmas and New Years - Dec. 23-Jan. 2

Martin Luther King Jr. Day - January 16

President's Day - February 20

# REGISTER<sup>Online</sup>

.SealBeachCa.Gov

Online Registration Begins:  
**October 31, 2016**

Walk-in and Mail Registration Begins:  
**November 7, 2016**

We welcome non-residents to participate in our programs. Register early to avoid class cancellations. Pre-registration required through the Community Services Department for all classes. If your name is not on the roster you may not participate in the class until class fees have been paid.





# City News

*City of Seal Beach*

## *A Message from the City Manager's Office*



*City Manager Jill R. Ingram*

“The City of Seal Beach provides excellent city services to enhance the quality of life and to preserve our small town character.”

– *City Mission Statement*

On April 12, 2016, the City Council held a strategic planning meeting with executive managers and key staff to develop a strategic plan consisting of three-year goals and six-month strategic objectives. The strategic plan provides the principal guidance for the preparation of the City budget, program objectives and a plan for implementation and accountability.

At this meeting, the Council tasked staff with completing a myriad of projects within a six-month time frame. The tasks were centered on four cornerstones: (1) Provide a quality beach and pier environment, including a restaurant; (2) Achieve short and long term fiscal sustainability; (3) Improve and maintain the infrastructure; and (4) Attract, develop, compensate and retain quality staff. While these cornerstones are in no particular order, each of them speaks to the priorities and commitment that the Council and our organization has for the future of Seal Beach. The strategic plan can be found on the City's website at [www.sealbeachca.gov](http://www.sealbeachca.gov) under Quick Links.

On October 18, 2016, the City Council and staff once again reconvened for a strategic planning meeting to evaluate the progress of the six-month objectives as well as to discuss future goals and emerging issues. We are pleased to report that many of the tasks assigned six months ago have either been completed or will be accomplished in

the near term. City staff has worked diligently for the past six months on the objectives outlined by Council and should be commended for their hard work. It should also be noted that City staff worked on Council goals while also performing their normal job duties and dealing with emerging issues, such as the pier fire. We have made significant strides during the last six months, but there is much work yet to be done.

As part of this strategic meeting, the Council re-prioritized the objectives and goals that they want to accomplish in the short and long term. Staff is prepared for this undertaking and will endeavor to complete each of the assignments as scheduled. In addition, staff will continue to update the Council and the public on the progress made on each of the assigned tasks on a monthly basis and will also post our progress on the City's website.

Finally, I want to take this opportunity to thank all of our hardworking employees who provide services to our citizens and our community. They are the City's greatest asset and I truly admire their commitment to our town. This organization is built with a great foundation, and that is our work force. Thank you to each and every employee who helps make Seal Beach a great community!

*Jill R. Ingram*  
City Manager

# Stay Safe This Holiday Season

The Orange County Fire Authority wants you and your loved ones to enjoy a safe and happy holiday season. We have provided some safety tips to ensure that your holiday celebrations are fire safe and injury free.

## Holiday Decorations

- Only use holiday decorations that are flame resistant or flame retardant
- Keep lit candles away from decorations and anything that can burn
- Never leave lit candles unattended
- Pay attention to lights that are only intended for indoor or outdoor use
- Replace strings of lights with worn or broken cords or loose bulbs
- Turn off all light strings and decorations before leaving your home or going to bed

## Christmas Trees

- Place your tree away from fireplaces, radiators, heater vents, air ducts, and other heat sources
- Make sure the tree is out of the way of day-to-day traffic and doesn't block doorways

- Cut off approximately two inches of the trunk
- Mount the tree in a sturdy, water-holding stand with wide-set legs
- Fill the base of the holder with water daily

## Holiday Entertaining

- Make sure you have working smoke alarms and a home fire escape plan
- Tell your guests about your home fire escape plan
- Stay in the kitchen when cooking
- Keep matches and lighters out of reach of children
- Ask smokers to smoke outside and completely extinguish all smoking materials before discarding



## Winter Sand Berm

The winter sand berm is an annual berm that is built the entire length of east beach. It helps protect public and private property from large storm and wave run up that occurs due to the intensity of winter swells and storms. The berm is built in November, and typically taken down after the storm season has subsided, usually sometime in the beginning of April.



## Community Services welcomes feedback from participants

Thank you for participating in our recreation programs! We strive to provide safe, educational and fun programs for all ages at a reasonable cost. Please help us evaluate our classes and camps by completing the program evaluation form that can be found on the City's Community Services/Recreation web-page. Please submit completed forms to the Community Services Department at City Hall or email them to JJacobs@sealbeachca.gov. Your feedback is greatly appreciated and will help us continue to offer the best recreation programs.

### Interested in Serving the Seal Beach Community?

Are you interested in serving on a Board, Commission, or Committee? If so, please contact the City Clerk's Office or go to the City Clerk's web-site at [www.sealbeachca.gov](http://www.sealbeachca.gov).



## 50th Anniversary of Seal Beach Pinochle Group

Every week since 1966, pinochle players have been getting together to play cards in the Senior meeting room of the Mary Wilson Library. They play on Tuesdays from 9am to 5pm, taking a break for lunch and to catch up on each other's lives. Happiness like birthdays and births are celebrated and losses shared. Some stay all day, others just drop in for a few hours. One of the original members, Madelyn Martin, is still playing and is one of their best players. This friendly group welcomes all and if you have not played for years they are happy to help you brush up.

Preregistration  
required by January 4

Evaluations and Orientations start on Saturday, January 21, 2017

# Inaugural Seal Beach Winter Youth Basketball League

"D" div (Ages 7-8)	9:00 a.m.	Activity Number 167044-01
"C" div (Ages 9-10)	11:00 a.m.	Activity Number 167044-02
"B" div (Ages 11-12)	1:00 p.m.	Activity Number 167044-03

**Description:** Leagues stresses fun and participation, including minimum play requirements. Teams may practice up to 3 hours per week. Practice time and location are determined by the coach. Siblings are automatically placed on the same team.

**Practice:** First practice will be held on Saturday, January 28th. Uniforms and schedules will be distributed on that day.

**Games:** 5 week season. First game begins on February 4 & ends March 11. (No Games February 18 for President's Day Weekend).

**Fees:** \$89 (Uniform included)

**Location:** McGaugh School - 1698 Bolsa Avenue, Seal Beach

See **Pages 18-19** for Tennis Classes



## ■ CLUBS & ORGANIZATIONS

Animal Care Center	562-430-4993
American Youth Soccer (AYSO)	www.ayso159.org
Beach Cities LaCrosse	714-719-6470
CPENA	sealbeachcpena@hotmail.com
Chamber of Commerce	General Info: 562-799-0179 www.sealbeachchamber.org
Food Finders	Patti Larson — 562-598-3003
Friends of the Mary Wilson Library	Tom Blackman — 562-431-7415
Girl Scouts of Orange County	949-461-8800
Historical Society Red Car Museum	562-430-1450
International Friendship Assoc.	Claire Yeh — 562-431-5414
Interval House — Women's Shelter	562-594-9492
League of Women Voters	Marilyn DeWitt — 562-431-7575
Los Al/Seal Beach Football	LosALFNL.com
LOTE Volunteer Organization	Barbara Barton — 562-596-3497
McGaugh School PTA	Isabelle McFadden — 562-596-1199
MOMS Club of Seal Beach	Veronica Vallejo — 562-493-0543 www.momsclubofsb.org
Moms Club of Seal Beach-Old Town	www.momscluboldtown.com
Republican Women's Club	Phyllis Steiner — 714-826-7022
R.O.C.K. Raising Our Celiac Kids	Christie Scales — 562-799-2060
Rotary Club of Seal Beach & Los Alamitos	Patricia Efkenzai — 562-431-9400
Run Seal Beach	RunSealBeach.com
Save Our Beach	www.saveourbeach.org
Seal Beach Arts & Crafts Faire	belinda www.sealbeachartsandcrafts.com
Seal Beach Beauty Pageant	Rosie Ritchie — 562-810-0078
Seal Beach Lions Club	Scott Newton — 562-537-3955
Seal Beach Leo Club	Scott Newton — 562-537-3955
Seal Beach Pony Baseball	www.sbpony.com
Seal Beach TV 3 Community Access	562-596-1404
Seal Beach Swim Club	562-430-1092
Seal Beach Speech Bums Toastmasters	Ed Smith — 714-996-5864 edlosmith@roadrunner.com
Seal Beach Volleyball Club	714-504-6326 www.sealbeachvolleyballclub.com
Seal Beach Wildlife Refuge	562-598-1024
Surfrider Foundation	Mike Balchin — 562-397-3658 mebahh2o@msn.com
Special Olympics So California-OC	Jimmy Wong — 714-564-8374
Trees for Seal Beach	714-235-0880
Woman's Club of Seal Beach	Judy O'Neil 562-598-0718

## ■ TRASH

Republic Services	(800) 299-4898 www.republicservices.com
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## ■ STREET SWEEPING

R.F. Dickson	(800) 573-3222
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## ■ SEAL BEACH WATER BILLING

Water Billing	(562) 431-2527 x1309
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## ■ CITY & GOVERNMENT OFFICES

Seal Beach City Hall	562-431-2527
Community Services Office	General Info: 562-431-2527, x1344
Los Al Unified School District	562-799-4700
McGaugh School Office	562-799-4560
Police Dept, non-emergency	562-799-4100
Police Substation	562-431-1518
SB Lifeguard Headquarters	562-430-2613
SB Com Pool @ McGaugh School	562-430-9612
Community Senior Serv	Senior lunch program: 562-430-6079
Senior Transportation (SB ONLY)	562-439-3699
Main Post Office (Westminster)	562-596-5546
Leisure World	562-431-6586
Fire Main Line	714-573-6000
Fire Information	714-573-6200

## ■ RECREATION & COMMUNITY SERVICES

Los Alamitos Recreation	562-430-1073
Los Alamitos Youth Center	562-493-4043
Rossmoor Comm. Services Dist	562-430-3707

## ■ LIBRARIES

Leisure World Library	562-431-1611
Mary Wilson Library	562-431-3584
Rossmoor/Los Alamitos Library	562-430-1048

## ■ PRESCHOOL

Growing Tree	562-430-2434
Sun N Fun	562-430-4384
Seal Beach Playgroup	562-594-0066
Marley's Preschool	562-598-2900

## ■ LOCAL NEWS

Seal Beach TV 3 (Community Access)	562-596-1404
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## ■ COMMUNITY SERVICES DEPARTMENT

Hours of Operation	Monday-Friday; 8am - 5pm Closed Daily 12-1pm
Address	211 8th Street, Seal Beach, CA 90740 (562) 431-2527
Ext. 1307	Adult Sports, General Information and Classes
Ext. 1341	Athletic Fields, Aquatics, Gym Reservations, Film Permits and Seal Beach Tennis Center
Ext. 1339	Facility/Park Rentals and Special Event Permits
Ext. 1344	General Information, Brochure/Classes and Instructors, Community Gardens and Swim Lessons



City of Seal Beach- Community Services



SealBeachRec



## Tree Lighting Ceremony

November 26

4 p.m. • Eisenhower Park

Visit [www.sealbeachchamber.org](http://www.sealbeachchamber.org) for event details.

## Free Tax Assistance

Mondays February 6 - April 17, 2017

Fire Station #48 - Community Room

3131 N. Gate Rd

Free assistance for taxpayers with low-middle income, with special attention to those 60 and older in preparing State and Federal Income Tax returns. Appointments will be taken on a first-come, first-served basis at 8:30 a.m., 9:15 a.m., 10 a.m., 10:45 a.m., and 11:30 a.m. You will meet your tax counselor at Fire Station #48 - Community Room. Call (562) 431-2527 x1344 or x1339 for your free appointment and paperwork today.

December 2

## Seal Beach Holiday Parade

7 p.m. • Parade route is down Main Street

Register at [sealbeachlions.com](http://sealbeachlions.com). Registration deadline is November 1. For more information, call 562-537-3955.

December 10

## Breakfast with Santa

8-10:30 a.m. • FREE!

Marina Community Center • 151 Marina Dr.

First come first served. Seal Beach Community Services Department, cosponsored by the Seal Beach Lions Club. Take a family photo, jump in the bounce house, and sit on Santa's lap with your Christmas wish list. Make it a Seal Beach family affair!



# 2016 SEAL BEACH christmas tree lighting

TREE ORNAMENT FORM

Get your personalized gift tag to be placed on our tree! These tags are sold to fund the tree. Tags are made out to the Seal Beach Community; you personalize who it's from. **Example:** From the friendly Seal Restaurant on Main Street, or From the Miller Family, in Support of Fighting Breast Cancer.

\* Specify tag (check one):

☐ Large gift tag (15" x 9")



☐ Snowflake (9" x 12")



☐ Small circle (7" x 7")



Tag designated from:



Name:

Address:

City, State, ZIP code:

Email:

☐ Check enclosed. Make checks payable to: Seal Beach Chamber of Commerce ☐ Credit card ( ) VISA ( ) MasterCard ( ) AMEX

Number: \_\_\_\_\_ Exp. \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

DEADLINE  
NOV. 9

REQUESTED  
DONATION  
\$100 Large Gift Tag  
\$75 Snowflake  
\$25 Small Circle

\* Design and color subject to change

Seal Beach Chamber of Commerce | 201 8th Street Ste. 110 | Seal Beach CA 90740 | 562.799.0179 | [sealbeachchamber.org](http://sealbeachchamber.org)





## Music & Movement

**Danuta Klimczak**  
Seal Beach Senior Center, 707 Electric Ave

Designed to provide a positive, challenging, learning environment for children to blossom both musically and personally. Children will participate in musical games, singing, dancing, listening, and playing instruments. Program combines elements of Orff Schulwerk and Kodaly methods with traditional philosophies of musical education. Parent participation required for 2 year old class.

111061-01	4 weeks	Fri	1/13-2/3	10-10:50am	2 yrs	\$55
111061-02	4 weeks	Fri	1/13-2/3	11-11:50am	3-4 yrs	\$55
111061-03	4 weeks	Fri	2/10-3/3	10-10:50am	2 yrs	\$55
111061-04	4 weeks	Fri	2/10-3/3	11-11:50am	3-4 yrs	\$55

## Rockstar Popstar

**Anne Pennypacker**

Dancers will party, learning lyrics and hip hop moves to our favorite pop songs and be stars! At session's end, we'll rock out and be fabulous, throwing a concert not to be missed!

**Los Alamitos Community Ctr, 10911 Oak Street**

127046-01	6 weeks	Mon	1/9-2/13	4:30-5:15pm	5-12 yrs	\$67
127046-02	6 weeks	Mon	2/27-4/3	4:30-5:15pm	5-12 yrs	\$67

**Recreation Park, 4900 E. 7th Street, Long Beach**

127046-03	6 weeks	Tue	1/10-2/14	5:15-6pm	5-12 yrs	\$67
127046-04	6 weeks	Tue	2/28-4/4	5:15-6pm	5-12 yrs	\$67

## Tiaras and Tutus

**Anne Pennypacker**  
Los Alamitos Community Ctr, 10911 Oak Street

Pretend to be your favorite princess in this magical introduction to ballet walks, waltz steps and more. Through fairytale stories every class will be a dream come true. Material fee \$5

122025-01	6 weeks	Mon	1/9-2/13	6-6:30pm	2.5-5 yrs	\$67
122025-02	6 weeks	Mon	2/27-4/3	6-6:30pm	2.5-5 yrs	\$67

## Hip Hop Tots!

**Anne Pennypacker**  
Recreation Park, 4900 E. 7th Street, Long Beach

Time to dance our best moves in this fun fast paced class! Little dancers will learn skills needed to dance a hip hopp'n bopp'n routine to their favorite songs. Tennis shoes best for class.

122027-01	6 weeks	Tue	1/10-2/14	4-4:30pm	2.5-5 yrs	\$67
122027-02	6 weeks	Tue	2/28-4/4	4-4:30pm	2.5-5 yrs	\$67

## Musical Minis

**Anne Pennypacker**  
Recreation Park, 4900 E. 7th Street, Long Beach

Sing, dance and swing on a star, this theater class will take dancers far! Little performers will learn song and dance from various musicals that audiences will love!

127070-01	6 weeks	Tue	1/10-2/14	6-6:30pm	2.5-5 yrs	\$67
127070-02	6 weeks	Tue	2/28-4/4	6-6:30pm	2.5-5 yrs	\$67

## Petit Ballerina

**Anne Pennypacker**  
Marina Community Center, 151 Marina Dr

"Bonjour, Little Dancers!" Join Miss Anne in a magical adventure into the world of ballet: plies, sautés, chasses, and more. Little ballerinas will be fairytale dancers as they learn the importance of pointing their toes! "La danse de la joie!" Proper suede bottom, pink ballet shoes required for class. Bedroom slippers will not be allowed.

122023-01	6 weeks	Wed	1/11-2/15	2-2:30pm	3-5 yrs	\$67
122023-02	6 weeks	Wed	3/1-4/5	2-2:30pm	3-5 yrs	\$67
122023-03	6 weeks	Wed	1/11-2/15	6-6:30pm	2.5-5 yrs	\$67
122023-04	6 weeks	Wed	3/1-4/5	6-6:30pm	2.5-5 yrs	\$67
122023-05	6 weeks	Thu	1/12-2/16	9-9:30am	2.5-5 yrs	\$67
122023-06	6 weeks	Thu	3/2-4/6	9-9:30am	2.5-5 yrs	\$67

## Tiny Tappers!

**Anne Pennypacker**  
Marina Community Center, 151 Marina Dr

Noise! Noise! Noise! It's time for happy feet! All little dancers love their tap shoes, and this class will focus on learning the fun rhythms & steps of tap.

112026-01	6 weeks	Wed	1/11-2/15	2:30-3pm	3-5 yrs	\$67
112026-02	6 weeks	Wed	3/1-4/5	2:30-3pm	3-5 yrs	\$67

## Ballet & Tap Combo

**Anne Pennypacker**  
Marina Community Center, 151 Marina Dr

This class introduces students to basic ballet warm-up, positions, technique, leaps and turns and classic tap steps such as shuffle ball changes. A great class for dancers of all levels! At session's end we'll put on a show. Ballet and tap shoes required. Proper suede bottom pink ballet shoes required for class. Bedroom slippers will not be allowed.

122021-01	6 weeks	Wed	1/11-2/15	3-3:45pm	5-8 yrs	\$67
122021-02	6 weeks	Wed	3/1-4/5	3-3:45pm	5-8 yrs	\$67

## Musical Theatre Stars

**Anne Pennypacker**  
Marina Community Center, 151 Marina Dr

Calling all entertainers! Casting now... Needed: creative students interested in exploring, dancing, acting, music, and song! Join Miss Anne and guest instructors in performing pieces from various favorite musicals. Students will learn musical theatre dance styles, while learning to connect acting and the emotions of the song to the choreography of the piece. Jazz or ballet shoes encouraged for class.

122024-01	6 weeks	Wed	1/11-2/15	3:45-4:30pm	5-12 yrs	\$67
122024-02	6 weeks	Wed	3/1-4/5	3:45-4:30pm	5-12 yrs	\$67



## Stars of Jazz

Anne Pennypacker

Los Alamitos Community Ctr, 10911 Oak Street

Fusing the best of ballet and jazz movement, this class will master the art of dance. Every session will focus on perfecting technique within an amazing choreographed routine.

127045-01	6 weeks	Fri	1/13-2/17	5-5:45pm	6-12 yrs	\$67
127045-02	6 weeks	Fri	2/24-4/7	5-5:45pm	6-12 yrs	\$67

## Princess Ballet

Anne Pennypacker

Marina Community Center, 151 Marina Dr

Calling all Princesses, Fairies and little Ballerinas! Join in the fun by dancing magical ballet adventures. Little dancers can pretend to be the beautiful Swan Princess, Fairy Queen, Sleeping Beauty and more. Learn basic ballet positions and steps in a fun creative environment! Proper suede bottom pink ballet shoes required for class. Bedroom slippers will not be allowed.

142033-01	6 weeks	Thu	1/12-2/16	3-3:45pm	4-7 yrs	\$67
142033-02	6 weeks	Thu	3/2-4/6	3-3:45pm	4-7 yrs	\$67

## Teeny Tumblers

Anne Pennypacker

Marina Community Center  
151 Marina Dr

Squat-hop-tumble-n-roll this class is a go go go! We'll bear-walk, crab-walk, tumble and jump having so much fun it will be hard to stop! This is a great first class to promote coordination and balance in a creative environment.

111031-01	6 weeks	Thu	1/12-2/16	9:30-10am	2.5-5 yrs	\$67
111031-02	6 weeks	Thu	3/2-4/6	9:30-10am	2.5-5 yrs	\$67
111031-03	6 weeks	Thu	1/12-2/16	5:45-6:15pm	2.5-5 yrs	\$67
111031-04	6 weeks	Thu	3/2-4/6	5:45-6:15pm	2.5-5 yrs	\$67

## Gymnastics Level 1

Anne Pennypacker

Marina Community Center  
151 Marina Dr

A focused gymnastic class, working on developing strength for more advanced skills. Gymnasts will learn the proper and safe way to execute tumbling, while increasing confidence and coordination. A wonderful class for athletes and dancers as well!

111033-01	6 weeks	Thu	1/12-2/16	4:30-5:15pm	6-12 yrs	\$67
111033-02	6 weeks	Thu	3/2-4/6	4:30-5:15pm	6-12 yrs	\$67

## Pre-School Gymnastics

Anne Pennypacker

Marina Community Center  
151 Marina Dr

Class is structured to introduce floor work such as bridge, cartwheels, frog stands and more. Gymnastics will also improve strength, balance and skills in this fun and fast paced class!

111032-01	6 weeks	Thu	1/12-2/16	5:15-5:45pm	4-6 yrs	\$67
111032-02	6 weeks	Thu	3/2-4/6	5:15-5:45pm	4-6 yrs	\$67



## LIBRARY PROGRAMS

Mary Wilson Library

707 Electric Avenue



All programs are free and sponsored by the Friends of the Library.

### Full STEAM Ahead

Ages 6+  
4 – 5:30 p.m.  
Every 4th Wednesday

### Reading with Rover

All Ages  
4-5 p.m.  
Thursdays  
Please call for visit dates

### Legos in the Library

All Ages  
4 – 5:30 p.m.  
Every 1st Thursday

### All Day Kids Crafts

1st Saturday of the Month

### Baby/Toddler Story time Stay & Play

Monday & Tuesdays  
January 2 through March 28  
10:30 – 11 a.m.  
11:15a.m. – noon

### Adult Book Club & Crafts

Please call for descriptions and dates.

### Library Hours

Monday-Thursday: 10am-7pm  
Saturday: 9am-5pm • Closed Friday and Sunday

**For more information, call 562-431-3584**

## Hip Hop

Anne Pennypacker, Marina Community Center, 151 Marina Dr

A fast paced class to get dancers on their feet and groovin. Learn street style dance and funky hip hop combinations to upbeat (and appropriate) music. Explore basic breaking, popping and locking and more! Tennis shoes or Jazz shoes required.

142034-01	6 weeks	Thu	1/12-2/16	3:45-4:30pm	5-12 yrs	\$67
142034-02	6 weeks	Thu	3/2-4/6	3:45-4:30pm	5-12 yrs	\$67

## Dance Recital

Anne Pennypacker, McGaugh Campus Auditorium, 1698 Bolsa Ave

Registration for dancers to participate in the recital. Additional costume fee payable to instructor.

411029-01	1 day	Thu	12/8	5:30-9pm	All ages	\$17
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## Kidz Love Soccer

### Mommy/Daddy & Me Soccer

**Kidz Love Soccer**

**Heather Park, Heather St & Lampson Ave**

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/ Daddy & Me Soccer; parents are part of the action, not watching from the sidelines!

123995-01	7 weeks	Tue	1/31-3/14	5:15-5:45pm	2-3.5 yrs	\$101
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### Tot/Pre Soccer

**Kidz Love Soccer**

**Heather Park, Heather St & Lampson Ave**

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

123997-01	7 weeks	Tue	1/31-3/14	4:30-5:05pm	3.5-5 yrs	\$101
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### Soccer 1

**Kidz Love Soccer**

**Heather Park, Heather St & Lampson Ave**

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting.

123998-01	7 weeks	Tue	1/31-3/14	3:45-4:30pm	5-6 yrs	\$101
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## Ice Skating at Westminster ICE

**Westminster ICE Staff**

**13071 Springdale, Westminster**

**Fee: \$39/ 4 weeks**

Continuous 4 week sessions are offered for the following classes:

- ★ Parent and Me Ice Skating (#113131)
- ★ Ice Skating for Tots (#113130)
- ★ Beginning Ice Skating (#123130)
- ★ Ice Skating for Adults (#123131)
- ★ Ice Hockey Skating Skills (#123141)

Class fee includes skate rental, half hour instruction and free weekly practice session on your registered class day. Dress warmly in layers and bring gloves or mittens. Check in at least 15 minutes prior to class start time at first class. Pre-registration is required through the Community Services Department. For individual class descriptions, dates, times, and class registration, visit [register.sealbeachca.gov](http://register.sealbeachca.gov).

## Skyhawks Mini-Hawk Multi-Sport

**Skyhawks Sports**

**College Estates Park, 808 Stevely Ave, Long Beach**

Introduce your little superstar to sports in our most popular program! This baseball, basketball, and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation may be required for younger ages.

123180-01	9 weeks	Tue	12/6-1/31	3:30-4pm	2-3 yrs	\$145
123180-02	9 weeks	Tue	12/6-1/31	4:15-5pm	4-6 yrs	\$145

## Kiddie Karate

**Gary Pitts, Los Alamitos Community Ctr, 10911 Oak Street**

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence and concentration. Wear loose clothing. Parents remain outside during class. Meeting with the instructor can be done after class.

111050-01	4 weeks	Tue	1/10-1/31	3:30-4pm	3-7 yrs	\$42
111050-02	4 weeks	Tue	2/7-2/28	3:30-4pm	3-7 yrs	\$42

## Karate – Beginning/Advanced

**Gary Pitts, Los Alamitos Community Ctr, 10911 Oak Street**

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu." Parents should remain outside classroom.

122051-01	4 weeks	Tue	1/10-1/31	4-4:45pm	8+ yrs	\$48
122051-02	4 weeks	Tue	2/7-2/28	4-4:45pm	8+ yrs	\$48

## Coed Beginning Volleyball

**Maria Fattal, McLaugh Campus Gym, 1698 Bolsa Ave**

Learn to play volleyball this winter. Basic skills of passing, setting, hitting, and underhand as well as overhand serving will be taught then reinforced in games. No Class 12/25 & 1/1

133060-01	10 weeks	Sun	12/4-2/19	12-2pm	9-13 yrs	\$170
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## Skateboarding

**Skatedogs, Heartwell Park- Long Beach, 5801 E Parkcrest Street**

Whether you are just learning or ready to learn advanced tricks, this class is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. Requirements: skateboard, knee pads, elbow pads and a helmet. No Class 12/24 & 12/31

123150-01	5 weeks	Sat	12/3-1/14	9-10:30am	5-13 yrs	\$125
123150-02	5 weeks	Sat	1/28-2/25	9-10:30am	5-13 yrs	\$125



## Dog Obedience

**Trainer with Dog Services Unlimited**  
El Dorado Park (near hockey court)  
2760 N. Studebaker Rd, Long Beach

All breeds of dogs 6 mos & older (larger breeds 4 mos & older) welcome. All basic obedience commands (heel, automatic sit, sit-stay, down-stay, stand & come) will be covered, as well as discussions on correction of various behavior problems. Hand signals, long distance work, & boundary training included. Trophies & certificates awarded at graduation. Please bring current vaccination records and \$10 materials fee (includes training manual) to first meeting. First meeting is an orientation, to be held WITHOUT DOGS inside Los Alamitos Community Center (10911 Oak St). Otherwise all other classes will be held at Laurel Park- corner of Katella & Bloomfield in Los Alamitos. Handlers ages 9 yrs to adults.

166040-01	7 weeks	Thu	1/19-3/2	7:45-8:45pm	9+ yrs	\$96
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## Puppy Kindergarten

**Trainer with Dog Services Unlimited**  
El Dorado Park (near hockey court)  
2760 N. Studebaker Rd, Long Beach

Start your puppy off on the right paw! Establish good manners and socialization skills at an early age for puppies 2-5 months. Class will include puppy care topics such as housebreaking, teething problems, health-care pointers, and will introduce basic obedience commands. Bring current vaccination records and \$10 materials fee (includes training manual) to first meeting, which is an orientation to be held WITHOUT PUPPIES.

166039-01	6 weeks	Sat	1/21-2/25	12:30-1:30pm	12+ yrs	\$86
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## Painting with Mom

**BlueSea Care**  
Fire Station 48, 3131 N. Gate Rd



Arts, craft, music and drawing are just a few of the activities we enjoyed doing with our parents when we were younger and we still have fond memories of. Painting With Mom provides us with the opportunity to revive those moments again in a creative setting that promotes social engagement and stimulation, socializing and most importantly, fun! We're calling on all adult loved ones and moms to join us in this FREE art class. This program is designed to bring families together and awareness to Alzheimers and Dementia. **This class is intended for seniors with Alzheimer's or Dementia and their kids/family.**

156010-01	1 day	Sat	11/12	10am-12pm	All Ages	FREE
156010-02	1 day	Sat	12/10	10am-12pm	All Ages	FREE
156010-03	1 day	Sat	1/7	10am-12pm	All Ages	FREE
156010-04	1 day	Sat	2/4	10am-12pm	All Ages	FREE

## First Aid, CPR & AED Training

**Erik Berg**  
Fire Station 48, 3131 N. Gate Rd

These classes are designed to teach individuals basic CPR, First Aid and use of an Automatic external defibrillator (AED). Participants will receive a card from the American Safety and Health Institution. There will be a 45 min lunch break, please bring a sack lunch. \$15 book fee due to Instructor.

146031-01	1 day	Sat	1/28	9am-3:30pm	16+ yrs	\$50
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## Jewelry Making – Floating Illusion Necklace

**Karon Cotton**  
Los Alamitos Community Ctr, 10911 Oak Street

Create a classic and timeless illusion necklace. All levels welcome. Tools provided. You will create one necklace. A non-refundable \$15 cash materials fee is due to instructor at beginning of class. For project photo, go to the instructor's website at: [www.thejewelryhabit.com](http://www.thejewelryhabit.com).

146021-01	1 day	Mon	1/30	6:30-8:30pm	18+ yrs	\$25
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## Build It Workspace Classes

**Build It Workspace Staff**  
Build It Workspace, 4478 Cerritos Ave, Los Alamitos

For class descriptions, please visit [register.sealbeachca.gov](http://register.sealbeachca.gov)

### Amazing Pi

113092-01	4 weeks	Sat	1/14-2/4	9:30-10:30am	10+ yrs	\$50
113092-02	4 weeks	Sat	2/11-3/4	9:30-10:30am	16+ yrs	\$50

### Minecraft Creations

113093-01	4 weeks	Sat	1/14-2/4	10:45-11:45am	7+ yrs	\$50
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### Robots

113095-01	4 weeks	Sat	1/14-2/4	12-2pm	8+ yrs	\$100
113095-02	4 weeks	Sat	2/11-3/4	12-2pm	8+ yrs	\$100

### Around the House

113096-01	4 weeks	Sat	1/14-2/4	2:15-3:15pm	10+ yrs	\$50
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### Coding Adventures

113094-01	4 weeks	Sat	2/11-3/4	10:45-11:45am	7+ yrs	\$50
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### Sculpting in 3D

113097-01	4 weeks	Sat	2/11-3/4	2:15-3:15pm	10+ yrs	\$50
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### Joy of Cardmaking

113099-01	1 day	Tue	1/10	6-9pm	13+ yrs	\$35
113099-02	1 day	Tue	1/31	6-9pm	13+ yrs	\$35
113099-03	1 day	Tue	2/21	6-9pm	13+ yrs	\$35

### Apparel Decoration

113100-01	1 day	Tue	1/17	6-9pm	13+ yrs	\$35
113100-02	1 day	Tue	2/7	6-9pm	13+ yrs	\$35
113100-03	1 day	Tue	2/28	6-9pm	13+ yrs	\$35

### Crafting

113101-01	1 day	Tue	1/24	6-9pm	13+ yrs	\$35
113101-02	1 day	Tue	2/14	6-9pm	13+ yrs	\$35
113101-03	1 day	Tue	3/7	6-9pm	13+ yrs	\$35

## Adult Tap

Anne Pennypacker, Marina Community Center, 151 Marina Dr

An amazing workout and fun at the same time! This class is for those who have always wanted to tap or have had fun tap dancing before. Explore various styles of tap, combinations and more. Tennis shoes, hard soled shoes or tap shoes are the best to wear for class.

142026-01	6 weeks	Thu	1/12-2/16	7:15-8pm	18+ yrs	\$72
142026-02	6 weeks	Thu	3/2-4/6	7:15-8pm	18+ yrs	\$72

## Wedding Survival

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Whether getting married, mother/ son, father/ daughter dance or simply attending a wedding, this class will prepare you to look your best on the dance floor!

142018-01	4 weeks	Wed	1/18-2/8	6:30-7:15pm	18+ yrs	\$48
142018-02	4 weeks	Wed	3/1-3/22	6:30-7:15pm	18+ yrs	\$48

## Beginning Ballroom

Anne Pennypacker, Los Alamitos Community Ctr, 10911 Oak Street

Let's get those feet moving right away! Learn the basics of Ballroom and Latin in this fun and friendly atmosphere. Students will learn dances such as rumba, cha cha, swing, waltz, salsa, fox trot and more! Partner not necessary.

144020-01	6 weeks	Mon	1/9-2/13	7-7:45pm	18+ yrs	\$72
144020-02	6 weeks	Mon	2/27-4/3	7-7:45pm	18+ yrs	\$72

## Intermediate Ballroom

Anne Pennypacker, Marina Community Center, 151 Marina Dr

Geared towards students with some basic dance experience, Ballroom Intermediate is the class for you! Refine the basics and add more step patterns to spice up your dancing! Partner not necessary.

144021-01	5 weeks	Tue	1/10-2/7	7:15-8:15pm	18+ yrs	\$62
144021-02	6 weeks	Tue	2/28-4/4	7:15-8:15pm	18+ yrs	\$72



## Tai Chi Chih

### Beginning Tai Chi Chih

Suzanne Roady-Ross

Seal Beach Senior Center, 707 Electric Ave

Beginner class. Reduce stress and experience peace within. A moving form of meditation based on ancient Chinese principles, these graceful, flowing movements tone muscles, align the body & enhance flexibility while promoting a peaceful mind. In Chinese medicine, tai chi is used as a way to relax the body & allow the chi (vital energy) to flow, thereby promoting wellness. No Class 2/20

142073-01	6 weeks	Mon	1/23-3/6	6:35-7:35pm	18+ yrs	\$60
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### Intermediate Tai Chi Chih

Suzanne Roady-Ross

Seal Beach Senior Center, 707 Electric Ave

Refine your practice and deepen the benefits of this simple but powerful moving meditation. Reduce stress and experience peace within while promoting wellness. No Class 2/20

142077-01	6 weeks	Mon	1/23-3/6	5:30-6:30pm	18+ yrs	\$60
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## WERQ

Meghan McLarty

Marina Community Center, 151 Marina Dr

WERQ (pronounced "work") is a wildly addictive dance fitness class based on the hottest pop, rock, and hip-hop music. WERQ has been featured as one of the hottest workouts in the US; making dance accessible to every level of student and includes quality instruction by Certified Fitness Professionals. Beyond being easy to follow, WERQ is an effective cardio class that feels more like a dance experience. What makes WERQ different than all the others is the blending of athletic dance moves with top 40 hits! You can burn up to 800 calories per class! No Class 12/26

142085-01	8 weeks	Mon	12/5-1/30	7:30-8:30pm	18+ yrs	\$87
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## Beginning Pilates

**Bonnie Nash**  
Seal Beach Senior Center  
707 Electric Ave

Geared for new students. The Pilates method of physical and mental conditioning will change your body to be fitter, stronger, and more attractive by slimming muscles, increasing strength and flexibility, improving posture, body alignment and coordination. The Pilates Beginning program will be the most important sessions you will experience. New students are encouraged to attend 20 classes before moving to Intermediate level classes. To see if you are a good fit for this beginners class please call Bonnie at (714) 345-2140. Please bring a floor mat. Classes are subject to cancellation if class minimum is not met. No Class 12/26 & 2/20

142072-01	6 weeks	Mon	12/5-1/16	12:30-1:30pm	18+ yrs	\$67
142072-02	5 weeks	Mon	1/23-2/27	12:30-1:30pm	18+ yrs	\$57

## Intermediate Pilates

**Bonnie Nash**  
Seal Beach Senior Center  
707 Electric Ave

For returning students ONLY. This class can only be taken by students who have completed the Pilates Beginning program. New students who have not trained with Bonnie Nash are welcome to try a free assessment class to determine if this would be the appropriate level for them. Intermediate level is a continuation of the fundamental work followed by more challenging exercises adding strength and coordination to the Pilates experience. No Class 12/26 & 2/20

142069-01	6 weeks	Mon	12/5-1/16	11:30am-12:30pm	18+ yrs	\$67
142069-02	5 weeks	Mon	1/23-2/27	11:30am-12:30pm	18+ yrs	\$57

## Advanced Pilates

**Bonnie Nash**  
Seal Beach Senior Center  
707 Electric Ave

For returning students ONLY who have taken both the Beginning and Intermediate Pilates program. New students who have not trained with Bonnie Nash are welcome to try a free assessment class to determine if this would be the appropriate level. Advanced Pilates work will focus on increasing strength, endurance, flexibility, coordination and posture with more challenging exercises. Continuing the fundamentals of proper breathing and alignment are essential. Exercise mat and other props required. Classes are subject to cancellation if class minimum is not met. No Class 12/29 & 2/16

142071-01	6 weeks	Thu	12/8-1/19	12:30-1:30pm	18+ yrs	\$67
142071-02	5 weeks	Thu	1/26-3/2	12:30-1:30pm	18+ yrs	\$57

## Gentle Yoga

**Suzy Hazard**  
Seal Beach Senior Center  
707 Electric Ave

A series of gentle poses that stretch & strengthen your body; the breathing practices relax your mind. The combination brings your mind & body together to soothe the nervous system & bring you a sense of relaxation & renewal. May include some gentle Chinese yoga (Qigong). Wear loose, comfortable clothing. Bring a sticky mat and/or beach towel. No Class 2/14

142068-01	4 weeks	Tue	12/6-12/27	5:30-6:45pm	18+ yrs	\$35
142068-02	9 weeks	Tue	1/17-3/21	5:30-6:45pm	18+ yrs	\$75



## PiYo® Live (Pilates/Yoga)



**Divita Elliott**

PiYo® LIVE combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility of flowing yoga movements. You'll use your body weight to perform a series of continuous, targeted moves to define every single muscle—big and small. But there's no time to stop and chant ommm—because you won't pose—you'll push it. We crank up the music, and the fun to give you an intense, yet low-impact workout that will burn crazy calories for a long, lean beautiful physique. And, there's no need to spend hours hopping from class to class. You'll sweat, stretch, and strengthen—all in one empowering PiYo LIVE workout! You only need a yoga mat, shoes are optional. Take both Mondays and Wednesdays for \$127 per session! **New Years Resolution special: 8 weeks for the price of 6 weeks!**

**Marina Community Center, 151 Marina Dr**

142078-01	8 weeks	Mon	1/9-2/27	5:30-6:30pm	18+ yrs	\$67
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**Seal Beach Senior Center, 707 Electric Ave**

142078-02	8 weeks	Wed	1/11-3/1	5:30-6:30pm	18+ yrs	\$67
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## Fitness with Mari

**Mari Huelskamp**  
Marina Community Center, 151 Marina Dr

Increase your range of motion with this cardiovascular workout that includes balance, stretching and strength. Drop-in class: \$10 per class.

142092-01	24 classes	Mon-Wed	1/9-3/1	9-10am	18+ yrs	\$151
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## Strength & Toning

**Mari Huelskamp**  
Marina Community Center, 151 Marina Dr

Range of motion, strength, and toning exercises using chairs, elastic bands, and balls. Drop-in class: \$10 per class.

142091-01	16 classes	Mon & Wed	1/9-3/1	10-11am	18+ yrs	\$103
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## Zumba Fitness

**Mari Huelskamp**

**Marina Community Center, 151 Marina Dr**

Zumba Fitness uses dance workouts to upbeat Latin and world rhythms. Just shake, sweat, and tone at your own pace with your own style. It's perfect for all levels of dance and anyone wanting to get or stay in shape. Zumba Fitness allows you to stay healthy, be happy, and have fun! Drop in class: \$13 per class.

142090-01	8 classes	Mon	1/9-2/27	6:30-7:30pm	18+ yrs	\$87
142090-02	8 classes	Wed	1/11-3/1	8-9am	18+ yrs	\$87

## Aikido

**Steve Wasserman**

**North Seal Beach Center, 3333 Saint Cloud Dr**

This course focuses on the martial art of "Aikido" self-defense. Students will learn the principles of falling, rolling, and defense techniques against punches, strikes, knife attacks, control and blending with your opponent, mat safety, and self-defense awareness. Wear sweats and no jewelry. Martial arts gi are optional and can be purchased on own, and belt testing is optional (\$50). All students that attend the classes must have the ability to roll and fall at a moderate pace and will be allowed to participate only per instructor's discretion. Some Saturday's to be announced from 9-10:30am.

142050-01	13 weeks	Mon & Wed	12/5-3/1	7:30-9:30pm	18+ yrs	\$150
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## Jazzercise

**Mary Jo Fouche**

**North Seal Beach Center, 3333 Saint Cloud Dr**

Jazzercise gives you all the cardio, strength and stretch moves you want for a total body workout! And with all that, we've thrown in moves from hip-hop, yoga, Pilates, jazz dance, kickboxing and resistance training. All ages, levels and sizes welcome so come join us today! Please wear appropriate & sturdy athletic shoes. Bring a towel, weights, water, & a mat. Pay \$10 per class online at register.sealbeachca.gov or indicate your date preference on the registration form.

142044-01	7 weeks	Mon & Wed	12/5-1/18	6-7pm	13+ yrs	\$65
142044-02	7 weeks	Mon & Wed	1/23-3/8	6-7pm	13+ yrs	\$65

## Jacki Sorensen's Fitness/Dance

**Martha Stegen**

**North Seal Beach Center**

**3333 Saint Cloud Dr**

Jacki Sorensen's Aerobic Dancing was the world's first aerobic dancing program, originating over 40 years ago. It's a progressive course that's choreographed specifically for non-dancers. In your Get-it-all-Together class you'll sway, stretch, crunch, squat, cha cha, waltz, samba and swing yourself into total body fitness while enjoying music from The Hot 100, Adult Contemporary, Latin, Rock 'n Roll, Country, Hip Hop, and more! Our classes are effective, exciting and fun! Comfortable clothes, aerobic shoes, & a mat or towel are required. Light hand-held and/or ankle weights optional. Daily rate: \$8 per class.

142030-01	12 weeks	Tue & Thu	1/3-3/23	4:30-5:30pm	18+ yrs	\$175
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## Nia Dance Fitness



**Kathy Streng**

**Marina Community Center**

**151 Marina Dr**

Nia is a barefoot, mindful and joyous non-impact movement practice that promotes "healing from the ground up" as you dance your body's way. A Nia routine offers blended elements of nine movement forms including Aikido, Jazz, Yoga, Modern Dance and Tae Kwon Do. Come explore the pleasure of movement as you discover joy, self-connection and freedom. No Class 12/29 & 2/23

142081-01	10 weeks	Thu	12/15-3/2	8-9am	13+ yrs	\$85
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## Ageless Grace®



**Kathy Streng**

**Seal Beach Senior Center**

**707 Electric Ave**

Ageless Grace, a chair based fitness program for the body and mind, teaches 21 movement tools that address 21 aging factors. To spirited, upbeat music, practice Body Math, Spaghetti Spine, Yo Baby, Zoology, Juicy Joints, Balancing Act and more! Based on the science of neuroplasticity, Ageless Grace creatively promotes physical and brain health. No Class 12/29 & 2/23

142082-01	10 weeks	Thu	12/15-3/2	10-11am	45+ yrs	\$65
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# Seal Beach Tree Lighting

GET YOUR PERSONALIZED  
ORNAMENT TO HANG ON  
OUR TREE!

See page 7 for details and order form



## Beach Boot Camp

Annika Turner, Beach Fitness  
10th Street Beach, 10th St @ Ocean Ave

Join Seal Beach's exclusive Beach Boot Camp, and get that beach body you have always wanted. Beach Boot Camp is a kick-your-butt workout that will leave you sore, but begging for more! Work with our expert trainers to tighten and tone your ENTIRE body with this INTENSE workout, just in time for the New Year! CAUTION: This workout contains CARDIO, STRENGTH TRAINING, and a BUTT KICKIN'! Pay \$20 per class online at [register.sealbeachca.gov](http://register.sealbeachca.gov) or indicate your date preference on the registration form.

142062-01	12 weeks	Sat	12/10-3/4	8-9am	12+ yrs	\$139
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## BeachFit Moms

Annika Turner, Beach Fitness  
Eisenhower Park, 900 Ocean Ave

Join Seal Beach's effective BeachFit Moms' program taught by certified Beach Fitness personal trainers. BeachFit Moms is a female focused workout in an environment that promotes healthy living for women, their pregnancies and their children. BeachFit moms was created with the idea of getting results by focusing on the 5 major components of fitness. Through Strength, Endurance, flexibility, Nutrition, and Mind Body connection you will learn how to live a healthier and more fit life. BeachFit Moms is a daily class offered Monday-Thursday. Pay \$20 per class.

142063-01	1 day	Mon-Thur	12/5-3/2	9:30-10:30am	18+ yrs	\$20/class
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## Adult Sports Leagues

### Basketball League

#### Monday Nights

Basketball league begins January 23. \$350 per team, plus \$25 per game for referees. For more information, call Kevin Ortiz in the Community Services Department at (562) 431-2527 ext: 1307, or e-mail at [kortiz@sealbeachca.gov](mailto:kortiz@sealbeachca.gov).

### Softball League

#### Men – Tuesdays

#### Coed – Thursdays

Softball league begins January 24 (men) and January 26 (coed). \$400 per team. For information, call Kevin Ortiz, Community Services Department, at (562) 431-2527 ext: 1307, or e-mail [kortiz@sealbeachca.gov](mailto:kortiz@sealbeachca.gov). **Dates subject to change due to weather.**

Preregistration  
required by January 4

Evaluations and Orientations start on Saturday, January 21, 2017

## Inaugural Seal Beach Winter Youth Basketball League

"D" div (Ages 7-8)	9:00 a.m.	Activity Number 167044-01
"C" div (Ages 9-10)	11:00 a.m.	Activity Number 167044-02
"B" div (Ages 11-12)	1:00 p.m.	Activity Number 167044-03

**Description:** Leagues stresses fun and participation, including minimum play requirements. Teams may practice up to 3 hours per week. Practice time and location are determined by the coach. Siblings are automatically placed on the same team.

**Practice:** First practice will be held on Saturday, January 28th. Uniforms and schedules will be distributed on that day.

**Games:** 5 week season. First game begins on February 4 & ends March 11. (No Games February 18 for President's Day Weekend).

**Fees:** \$89 (Uniform included) | **Location:** McGaugh School –1698 Bolsa Avenue, Seal Beach



## M&M 5 Day Surf Camp

**Michael Pless**  
8th Street Beach, 8th St & Ocean Ave

Michael Pless, owner and operator of M & M Surfing School has been teaching for over 25 years and has over 50 years of surfing experience. This supervised program is designed to teach beginning and intermediate surfing to small groups with emphasis on safety first, in a fun-filled environment. All instructors are CPR, 1st Aid and Water Safety Certified. **In the checkout screen, or on your Registration Form, please indicate the 5 days of your choice during the week indicated in this class session. Please bring receipt to lesson.** If you have questions, please call Michael Pless at (714) 846-7873

167061-01	5 days	Mon-Sun	12/5-12/11	8am-12pm	All Ages	\$285
167061-02	5 days	Mon-Sun	12/12-12/18	8am-12pm	All Ages	\$285
167061-03	5 days	Mon-Sun	12/19-12/25	8am-12pm	All Ages	\$285
167061-04	5 days	Mon-Sun	12/26-1/1	8am-12pm	All Ages	\$285
167061-05	5 days	Mon-Sun	1/2-1/8	8am-12pm	All Ages	\$285
167061-06	5 days	Mon-Sun	1/9-1/15	8am-12pm	All Ages	\$285
167061-07	5 days	Mon-Sun	1/16-1/22	8am-12pm	All Ages	\$285
167061-08	5 days	Mon-Sun	1/23-1/29	8am-12pm	All Ages	\$285
167061-09	5 days	Mon-Sun	1/30-2/5	8am-12pm	All Ages	\$285
167061-10	5 days	Mon-Sun	2/6-2/12	8am-12pm	All Ages	\$285
167061-11	5 days	Mon-Sun	2/13-2/19	8am-12pm	All Ages	\$285
167061-12	5 days	Mon-Sun	2/20-2/26	8am-12pm	All Ages	\$285
167061-13	5 days	Mon-Sun	2/27-3/5	8am-12pm	All Ages	\$285

## M&M 1 Day Surf Lessons

**Michael Pless**  
8th Street Beach, 8th St & Ocean Ave

Surf Lessons are on-going from December 5 – March 5. Please note, this class is good for any one day of surfing instruction. Please indicate your date preference in the checkout screen, or on your registration form. Please bring receipt to lesson. If you have questions, please call Michael Pless at (714) 846-7873

### M&M 3 Hour Group Lesson

167063-01	1 Day	Mon-Sun	12/5-3/5	8-11am	All Ages	\$85
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### M&M 1 Hour Group Lesson

167064-01	1 Day	Mon-Sun	12/5-3/5	8am-12pm	All Ages	\$77
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### M&M Semi-Private Lesson

167065-01	1 Day	Mon-Sun	12/5-3/5	8am-12pm	All Ages	\$97
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### M&M Private Lesson

167066-01	1 Day	Mon-Sun	12/5-3/5	8am-12pm	All Ages	\$115
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## Surf Lessons with Chas Wickwire

**Chas Wickwire**  
1st Street Beach, 1st St @ Ocean Ave

Chas is a four time National Amateur Champion with over 43 years of surfing experience. Learn to surf or improve your skills in a private session. Come down and enjoy the Ohana and Aloha of the Chas surfing experience, the fun is guaranteed! All ages are welcome! Surfboards & wetsuits provided.

### Private Surf Lessons

Class is good for 1.5 hours of surfing instruction. Please indicate date preference on registration form.

167050-01	1 day	Mon-Sun	12/15-3/5	9-10:30am	All Ages	\$95
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### Saturday Surf Lessons

1 Day – Choose one Saturday between 12/17-2/25

167051-01	1 day	Sat	12/17-2/25	10am-12pm	All Ages	\$65
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### 4 Days

Choose four Saturdays between 12/17-2/25

167051-02	4 days	Sat	12/17-2/25	10am-12pm	All Ages	\$205
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### Saturday Surf Pass

Available for each Saturday between 12/17-2/25

167051-03	10 days	Sat	12/17-2/25	10am-12pm	All Ages	\$305
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### Sunday Surf Lessons

1 Day – Choose one Sunday between 12/18-2/26

167051-01	1 day	Sun	12/18-2/26	10am-12pm	All Ages	\$65
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### 4 Days

Choose four Sundays between 12/18-2/26

167053-02	4 days	Sun	12/18-2/26	10am-12pm	All Ages	\$205
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### Sunday Surf Pass

Available for each Sunday between 12/18-2/26

167053-03	10 days	Sun	12/18-2/26	10am-12pm	All Ages	\$305
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# Community Pool

**McGaugh School • 1698 Bolsa Ave., Seal Beach Blvd. • Pool Office (562) 430-9612**

**Community Services Office (562) 431-2527 Extension 1344**

The McGaugh Pool was built in 1964. It is 25 yards in length and has six lanes open for lap swimming. The water temperature is maintained at 80 degrees and an outdoor, warm water shower with limited dressing rooms are available.

## Adult & Youth Lap Swim

This is an ongoing fitness/workout program for lap swimming. Pool is closed on national holidays. All passes must be purchased at City Hall in the Community Services Department. \$10 pass reissuing fee for all lost passes.

Days	Time	Ages	Fees
Monday-Friday	5:30am – 7am	Adult /16+ yrs	<i>Pay at City Hall</i> 16 swim pass: \$49 34 swim pass: \$98 Unlimited Annual pass: \$250 (No guests)
Monday-Friday	11am – 1pm	Adult /16+ yrs	
Monday-Friday	6:30pm – 8pm	Adult /16+ yrs	
Saturday & Sunday	8am – 12 Noon	Adult /16+ yrs	
Monday-Friday	6pm-6:30pm	Youth	16 swim pass: \$32
Saturday & Sunday	8am – 9am	Youth	

## Renew Your Swim Pass Online!

If you have already been issued an electronic card by the Community Services Department and would like to renew your swim pass, visit [register.sealbeachca.gov](http://register.sealbeachca.gov)

## Private Swim Lessons

Please call Nora Jean Terborch at the pool office at (562) 430-9612 to arrange a private lesson.

## Seal Beach Swim Team

The Seal Beach Swim Team is privately operated that conducts practices at McGaugh Community Pool. For Swim Team information, call Maria Fattal, a parent volunteer, directly at (562) 430-1092.

## Deep Water Aerobics

**Cheryl von der Hellen**  
**McGaugh Campus Pool, 1698 Bolsa Ave**

This deep water exercise develops total fitness. You must purchase your own Buoyancy Cuffs to participate in class. You will burn calories while improving endurance, flexibility and strength. Purchase Buoyancy Cuffs at Competitive Aquatic Supply (800-421-5192) or [www.casswimshop.com](http://www.casswimshop.com)

144010-01	5 weeks	Mon & Wed	1/9-2/8	5:30-6:30pm	18+ yrs	\$65
144010-02	5 weeks	Mon & Wed	2/13-3/15	5:30-6:30pm	18+ yrs	\$65

## Seal Beach Aquatics

**Pool Lifeguards**  
**McGaugh Campus Pool, 1698 Bolsa Ave**

Swim Seal Beach is a program with the goal of providing a fun, safe environment in which to introduce kids to the world of aquatics programs in a non-competitive setting. This will be accomplished through a variety of activities that focus on the following areas: water safety, proper swimming technique in the four basic strokes, introduction to the fundamentals of water polo and basic passing/shooting skills. Requirement: Participants must be at least 7 years old AND be able to complete 50 yards (2 laps) of uninterrupted freestyle. Upon signing up, it is mandatory for a parent to be on the pool deck for the first class meeting to ensure participants can pass the swim test. Children that cannot pass the test will not be allowed to participate.

424029-01	5 weeks	Mon-Thu Wed	2/6-3/9	2:30-3:30pm 1-2pm	7-18 yrs	\$153
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# SEAL BEACH TENNIS CENTER

3900 Lampson Ave. • 562-598-8624 • [www.sealbeachtenniscenter.com](http://www.sealbeachtenniscenter.com)

The Seal Beach Tennis Center is a beautiful facility open to the public 7 days per week, and offering tennis programs and activities for all ages and skill levels. Center includes 16 tennis courts, indoor fitness facility, pro shop, clubhouse and full locker rooms. The Tennis Center is located at 3900 Lampson Ave. Visit [www.sealbeachtenniscenter.com](http://www.sealbeachtenniscenter.com) for our upcoming events and the latest SBTC tennis news! For more information, call 562-598-8624.

## Tennis Programs

- Adult Tennis Programs
- Private & group lessons by USPTA/PTR instructors
- City Recreation tennis classes
- Weekly Tennis Drop-In Drills
- Tuesday night Doubles
- Personal training
- Special tennis events & tournaments
- Pacific Sun/Senior Sirs Leagues
- USTA/WTT Leagues
- Tennis memberships

And much more...

## Junior Tennis Programs

- SBTC Junior Academy:  
Mondays & Wednesdays: 4:00pm-6:00pm  
Friday Match Play: 4:00pm-6:00pm
- Tiny Tots classes for ages 4-5
- Summer Tennis Camps
- USTA Junior Team Tennis
- Private & group lessons by USPTA/PTR instructors

## Tennis Professionals

Our facility is home to a number of USPTA/PTR Certified Tennis Professionals who can assist you with all your tennis needs.

## Facility & Services

The SBTC includes:

- Tennis and pickleball supplies
- Babolat exclusive dealer of tennis equipment
- Snacks & beverages
- 24-hour turnaround racquet restringing

## NEW! 5 pickleball courts

(4 with lights)

Organized play times:

Monday-Friday: 4:30pm-7:30pm

Thursday: 9:00am-11:00am

Pickleball Memberships available

## Clubhouse & Tennis Courts

The Clubhouse and Tennis Courts are available to rent for your next special occasion, event, training or corporate meeting. Call 562-598-8624 for a quote or visit [www.sealbeachtenniscenter.com](http://www.sealbeachtenniscenter.com) for an application.

## Tennis Center Public Hours

Monday – Friday 12 - 9:30 p.m.

Saturday & Sunday 12 - 5:30 p.m.

The general public may reserve courts four days in advance.

## General Public Fees

12 - 5 p.m. – \$10 per hour/court

5 - 9:30 p.m. – \$12 per hour/court

- Seal Beach Residents receive a \$2 discount per hour, per court
- Junior Rates (17 years and under) – \$5 per hour per court

## TINY TOTS (4-5 years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133035-01	1/11-1/25	Wed	3:00-3:45pm	\$55	SBTC
133035-02	2/8-3/1	Wed	3:00-3:45pm	\$71	SBTC
133035-03	1/13-1/27	Fri	3:00-3:45pm	\$55	SBTC
133035-04	2/10-3/3	Fri	3:00-3:45pm	\$71	SBTC

## ADULT BEGINNING (18+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133030-01	1/25-3/1	Wed	10:30-11:30am	\$99	SBTC

## ADULT ADVANCED BEGINNING (18+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133031-01	1/14-1/28	Sat	11am - 12pm	\$55	SBTC
133031-02	2/11-3/4	Sat	11am - 12pm	\$71	SBTC

## CARDIO TENNIS (16+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
134010-01	1/14-1/28	Sat	7-8am	\$57	SBTC
134010-02	2/11-3/4	Sat	7-8am	\$75	SBTC
134010-03	1/11-1/25	Wed	7:30-8:30pm	\$57	SBTC
134010-04	2/8-3/1	Wed	7:30-8:30pm	\$75	SBTC

## SERVE CLINIC (18+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133036-01	2/4	Sat	9-10am	\$15	SBTC

## VOLLEY CLINIC (18+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133037-01	2/4	Sat	10-11am	\$15	SBTC

## PICKLEBALL (18+ years)

Instructor: Brenda Danielson

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133040-01	1/23	Mon	6-7pm	\$15	SBTC
133040-02	1/21	Sat	9:30-10:30am	\$15	SBTC
133040-03	2/6	Mon	6-7pm	\$15	SBTC
133040-04	2/18	Sat	9:30-10:30am	\$15	SBTC



## Tennis Lessons taught by Brian Collison

For more information, call 562-598-8624.

### KIDS BEGINNING (4-6 years)

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133020-01	1/2-1/23	Mon	4-4:30 pm	\$39	Heather Park
133020-02	2/6-2/27	Mon	4-4:30 pm	\$39	Heather Park
133020-03	1/4-1/25	Wed	1:15-2 pm	\$55	McGaugh
133020-04	2/8-3/1	Wed	1:15-2 pm	\$55	McGaugh
133020-05	1/4-1/25	Wed	4-4:30 pm	\$39	Marina Park
133020-06	2/8-3/1	Wed	4-4:30 pm	\$39	Marina Park
133020-07	1/7-1/28	Sat	9-9:30 am	\$39	McGaugh
133020-08	2/11-3/4	Sat	9-9:30 am	\$39	McGaugh

### KIDS INTERMEDIATE (5-6 years)

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133020-09	1/3-1/24	Tues	4-4:30 pm	\$39	Heather Park
133020-10	2/7-2/28	Tues	4-4:30 pm	\$39	Heather Park
133020-11	1/5-1/26	Thur	4-4:30 pm	\$39	Marina Park
133020-12	2/9-3/2	Thur	4-4:30 pm	\$39	Marina Park

### JUNIORS BEGINNING (7-10 years)

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133021-01	1/2-1/23	Mon	4:30-5:30 pm	\$71	Heather Park
133021-02	2/6-2/27	Mon	4:30-5:30 pm	\$71	Heather Park
133021-03	1/4-1/25	Wed	2-3 pm	\$71	McGaugh
133021-04	2/8-3/1	Wed	2-3 pm	\$71	McGaugh
133021-05	1/4-1/25	Wed	4:30-5:30 pm	\$71	Marina Park
133021-06	2/8-3/1	Wed	4:30-5:30 pm	\$71	Marina Park
133021-07	1/7-1/28	Sat	9:30-10:30 am	\$71	McGaugh
133021-08	2/11-3/4	Sat	9:30-10:30 am	\$71	McGaugh

### JUNIORS INTERMEDIATE (7-10 years)

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133021-09	1/3-1/24	Tues	4:30-5:30 pm	\$71	Heather Park
133021-10	2/7-2/28	Tues	4:30-5:30 pm	\$71	Heather Park
133021-11	1/5-1/26	Thur	4:30-5:30 pm	\$71	Marina Park
133021-12	2/9-3/2	Thur	4:30-5:30 pm	\$71	Marina Park

### TWEENS BEGINNING (11-13 years)

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133023-01	1/2-1/23	Mon	5:30-6:30 pm	\$71	Heather Park
133023-02	2/6-2/27	Mon	5:30-6:30 pm	\$71	Heather Park
133023-03	1/4-1/25	Wed	5:30-6:30 pm	\$71	Marina Park
133023-04	2/8-3/1	Wed	5:30-6:30 pm	\$71	Marina Park

### TWEENS INTERMEDIATE (11-13 years)

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133023-05	1/3-1/24	Tues	5:30-6:30 pm	\$71	Heather Park
133023-06	2/7-2/28	Tues	5:30-6:30 pm	\$71	Heather Park
133023-07	1/5-1/26	Thur	5:30-6:30 pm	\$71	Marina Park
133023-08	2/9-3/2	Thur	5:30-6:30 pm	\$71	Marina Park

### ADULTS BEGINNING (14+ years)

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133022-01	1/2-1/23	Mon	6:30-7:30 pm	\$71	Heather Park
133022-02	2/6-2/27	Mon	6:30-7:30 pm	\$71	Heather Park
133022-03	1/4-1/25	Wed	6:30-7:30 pm	\$71	Marina Park
133022-04	2/8-3/1	Wed	6:30-7:30 pm	\$71	Marina Park

### ADULTS INTERMEDIATE (14+ years)

CLASS #	DATES	DAYS	TIME	PRICE	LOCATION
133022-05	1/3-1/24	Tues	6:30-7:30 pm	\$71	Heather Park
133022-06	2/7-2/28	Tues	6:30-7:30 pm	\$71	Heather Park
133022-07	1/5-1/26	Thur	6:30-7:30 pm	\$71	Marina Park
133022-08	2/9-3/2	Thur	6:30-7:30 pm	\$71	Marina Park
133022-09	1/5-1/26	Thur	9-10:30 am	\$97	McGaugh
133022-10	2/9-3/2	Thur	9-10:30 am	\$97	McGaugh



## Recreation Scholarship Program

Interested in signing up for a Recreation class but can't afford it? Thanks to local community groups who have graciously donated funds, the City of Seal Beach offers scholarships to low-income residents (toddlers, teens, and seniors). Pick up a scholarship application at the Community Services Department. Apply today, funds are limited.

## Senior Lunch Program

Seal Beach Community Services, in cooperation with Community Senior Serv, offers a hot, nutritious meal Monday through Friday at the North Seal Beach Center, located at 3333 Saint Cloud Drive. Besides maintaining the physical health of active older adults, the Lunch Program also works to enrich the emotional/physiological health of seniors by sponsoring a wide range of speakers, dances, games, health forums, and other social and educational activities. Meals, support services and transportation are available to all persons age 60+ on a donation basis. Free seminars on the "Aging Eye" offered once a quarter. Call (562) 431-2527 ext. 1344 for dates..

The Center is open Monday through Friday, 8am-2pm. Lunch is served at 11:15am. For more information, please call (562) 430-6079 between the hours of 11am and 1pm. If you need transportation to the senior lunch program, arrangements may be made with the City's Dial-A-Ride transportation company. This shuttle service is available to and from the North Seal Beach Senior Lunch Program site which is located in the Rossmoor Shopping Center.

## Shopper Shuttle

The Shopper Shuttle provides transportation to shopping centers throughout the City of Seal Beach. The Shopper Shuttle runs in North Seal Beach Monday through Wednesday 8 a.m. to 4:30 p.m., Thursday 8 a.m. to 2 p.m. and Friday 8 a.m. to 4:30 p.m. The Shuttle runs in Old Town and Seal Beach Pier Thursday 8 a.m. to 4:30 p.m. For more information and pickup locations, please call (562) 439-3699 or Public Works at (562) 431-2527 ext. 1317.

## Senior Dial-A-Ride Program in Seal Beach

The Dial-A-Ride component of the program has traditionally offered to deliver a senior resident to any location within the three miles outside City Limits. Dial-A-Ride service is available Monday through Friday from 8 a.m. to 4:30 p.m. and can be utilized by calling (562) 439-3699 at least 24 hours and no more than 3 business days in advance to schedule date, time, and location.

The service can be made for any reason such as doctor's appointments, retail/grocery shopping (within City of Seal Beach), and dining excursions (within City of Seal Beach).

**Attention Leisure World Residents:** The City's Dial-A-Ride Program will no longer allow users to make reservations for trips that begin at a user's home in Leisure World to another location inside Leisure World. Leisure World currently operates a shuttle service that transports residents throughout Leisure World.

## Home Delivered Meals

For homebound individuals 60+ years of ages who are unable to shop and/or prepare meals for themselves, Community Senior Serv delivers three meals directly to their homes – a cold lunch, a frozen dinner, and breakfast items. These meals, which provide 100 percent of the U.S. Nutritional Recommended Dietary Allowance, are available five days per week. Suggested donation is \$4.50/day. For more information, call (714) 220-0224.

## Drivers Needed to Deliver Meals

Help us bring smiles to the faces of older adults living in your community. We are in need of volunteer drivers to deliver meals to homebound elders in Seal Beach who are unable to cook and/or shop for themselves. Drivers are needed for one hour a day, Monday thru Friday between 10am and 1pm. On-call backup drivers are also needed in the event that a regularly scheduled driver is unable to deliver. To volunteer, call (714) 220-0224.

## In Home Case Management

For older adults who are facing multiple problems, which they cannot resolve on their own, Community Senior Serv Case Managers are available to help them evaluate and find acceptable solutions to their individual needs. Referrals may be made by any concerned individual, physician, Social Service Worker, family member, neighbor, or the senior themselves, Monday through Friday, from 8am-5pm. For more information, call (714) 220-0224.

## Friendly Companions

Community Senior Serv serves over 1200 frail, isolated, homebound older adults daily who are in need of companionship. Many homebound elders are lonely and do not or cannot reach out to others. If you find joy in making a difference and enjoy listening or talking, friendly visiting is the right volunteer opportunity for you. Volunteers visit in the home of the older adult and offer warmth, friendship and understanding to make life more meaningful. Volunteers play an important part in the elders well-being by helping to restore feelings of self worth, dignity and promoting independence. Volunteers are needed throughout Central, North and West Orange County. Families are encouraged to volunteer. Call (714) 220-0224 to volunteer.

## Referral Assistance

This referral service directs persons 60+ to the appropriate agencies for specific needs. Call the Orange County Senior Information and Referral Line at (800) 510-2020 if you need assistance. This program is designed to provide seniors access to the many agencies and human service programs available that can assist with problems, legal information, nutrition programs and more.

## Health Insurance Counseling and Advocacy Program (HICAP)

Trained counselors are available to assist seniors with Medicare rights and protections. They can help with HMO appeals, with information regarding Medi-Gap Plans and/or Long Term Care information. No fee. For more information, call 714-560-0424.

## Senior Pinochle Club

**Senior Center, 707 Electric Ave.**

**Free – Drop in – Tuesday 9 a.m. - 3 p.m.**

Person 50 years of age and older are invited. The club provides opportunities to meet new friends, develop new interests and socialize.



## Medicare 101

**Cesar Arteaga, Seal Beach Senior Center, 707 Electric Ave**

Learn about Social Security timeframes, how to enroll in Medicare, and the qualifications to receive Medicare. Learn about what Part A, Part B, Part C, and Part D consist of and what it covers and does not cover. The instructor will explain the options that Medicare beneficiaries have to get coverage for and what Medicare does not cover, such as Medicare Advantage plans, Prescription drug plans, and Medicare Supplement plans. Additional plans are also available for those who are receiving financial assistance or for those who have Medicare and Medi-Cal.

156040-01 1 day Mon 1/23 10-11am 64+ yrs FREE



## Map & Facilities







































































































































## Amenity Key *Updated December 2012*

- |   |                              |   |                     |
|---|------------------------------|---|---------------------|
|  | Baseball Fields              |  | Reservable          |
|  | Basketball Courts            |  | Restrooms           |
|  | Bike Racks                   |  | Soccer Fields       |
|  | Bleachers                    |  | Softball Fields     |
|  | Classes Offered Here         |  | Swimming Pool       |
|  | Community Center             |  | Swing Sets          |
|  | Community Garden             |  | Tennis Courts       |
|  | Drinking Fountains           |  | Tetherball          |
|  | Dugout Bench                 |  | Tot Lot/Playgrounds |
|  | Gravel Parking Area          |  | Trash Receptacles   |
|  | Gymnasium                    |  | Volleyball Courts   |
|  | Handball Courts              |   |                     |
|  | Park Benches                 |   |                     |
|  | Paved/Striped Parking Spaces |   |                     |
|  | Pet Waste Dispenser          |   |                     |
|  | Picnic Shelters              |   |                     |
|  | Picnic Tables                |   |                     |
|  | Portable Toilets             |   |                     |



*Map not to scale.*

**Park/ Facility** L = Lit U = Unlit i = Indoor

1	Almond Park – 4600 Almond Ave. in College Park East	                
2	Arbor Park – 4665 Lampson Ave. Behind the WestEd Facility, College Park East off Lampson Ave	                
3	Arbor Dog Park – 4665 Lampson Ave. Behind the WestEd Facility off Lampson Ave	                
4	Aster Park – Aster St. & Candleberry in College Park East	                
5	Beach	                
6	Bluebell Park – Almond Ave. & Bluebell St. in College Park East	                
7	City Hall & Community Services Office – 211 8th St on the 2nd floor in Old Town	                
8	Corsair Park – Corsair Way in Bridgeport	              

# 5 easy ways to REGISTER TODAY

## 1 MAIL IN

Select the class or classes you are interested in and complete the registration form. Please sign the consent section at the bottom. Mail the completed registration form with a check or money order (do not send cash) made payable to the City of Seal Beach, or your MasterCard or Visa number to:

**City of Seal Beach**  
**ATTN: Finance Department**  
211 8th Street  
Seal Beach, CA 90740

If you would like to receive a confirmation receipt, please supply a self-addressed, stamped envelope with your registration or request that one be sent to your e-mail address.

## 2 WALK IN

### Open Monday - Friday

Registration in person at Seal Beach City Hall from 8 a.m. -5 p.m. Monday through Friday. Closed daily from 12-1p.m.

## 3 ONLINE

Register for classes from your home 24/7 and it's FREE! You can browse activities and facilities; view your history, reprint receipts, register for classes, renew your swim pass, print a household calendar and more!

If you have registered for any classes, camps, or swim passes through our department but have not registered online please call the Community Services Department for your user ID & password. Register online at: [register.sealbeachca.gov](http://register.sealbeachca.gov)

## 4 FAX

Register by fax with your Visa or Master Card. Fax us 24 hours a day at **(562) 430-3498**. Please have all of your information printed in ink on the form. Credit Card registration must be for amounts in excess of \$20.

## 5 E-mail

Scan and e-mail your registration to [communityservices@sealbeachca.gov](mailto:communityservices@sealbeachca.gov)

## Refund Policy

► Applications for refunds will be granted only if requested prior to the second class meeting and may be made in person, over the telephone, or by writing us. You will be refunded a prorated fee minus the \$5 admin fee for the class you attended.

► Refund checks will be mailed within three weeks following the request.

► If the Department cancels a class, before the start date, an automatic refund will be processed at no cost to the registrant.

► A \$26 Service Charge for any check returned unpaid may be assessed (closed account, NSF funds)

## Access & Inclusion

In compliance with the Americans with Disabilities Act (ADA), the City of Seal Beach Community Services Department prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs. All are welcome to register and we encourage your participation. If you have special needs, please contact the Community Services Office at (562) 431-2527, ext.1344.

## Community Services Department

### City of Seal Beach

211 8th Street  
Seal Beach, CA 90740  
Office (562) 431-2527 ext. 1344  
Fax (562) 430-3498

### Office Hours

Monday - Friday; 8am - 5pm  
(closed daily 12-1pm for lunch)

**For Your Information:** We share instructors and co-sponsor activities and classes to better serve YOU, our most important customer!

**CONTENT:** We make every effort to ensure the information in the Guide is accurate & up-to-date. We regret that occasional errors occur & we retain the right to amend information & fees.

**Online Registration Begins October 31**

**Walk-in and Mailed Registration Begins November 7**

*Please register early to avoid class cancellations.*

## Submit Your Photos

Have you or your children participated in one of our classes and have high resolution digital photographs that you would like to submit for publication in the Seal Beach Shoreline? If so, you can email them to Jessica at [JJacobs@sealbeachca.gov](mailto:JJacobs@sealbeachca.gov).

### Please include:

- Your name, address, and telephone number
- Names of those in the photographs and what activity is featured

The statement "I hereby irrevocably consent to and authorize the use and reproduction by the City of Seal Beach or anyone authorized by the City of Seal Beach of any and all photographs. These photographs may be used for any purpose whatsoever, without compensation."





211 8th Street, Seal Beach, Ca 90740  
Community Services Office (562) 431-2527 Ext. 1344 • Office Fax (562) 430-3498

ADULT NAME: \_\_\_\_\_  
LAST NAME FIRST NAME

E-MAIL: \_\_\_\_\_

ADDRESS: STREET \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE: HOME # \_\_\_\_\_ WORK# \_\_\_\_\_ MOBILE # \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE # \_\_\_\_\_

Drivers License #: \_\_\_\_\_ EXP DATE: \_\_\_\_\_

☐ Check if address or phone number has changed (For returning participants only)

## RELEASE AND INDEMNIFICATION

DATED: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_  
(PARTICIPANT/PARENT OR GUARDIAN)

**MAKE CHECK PAYABLE TO CITY OF SEAL BEACH**

<input type="checkbox"/> CHECK #: _____ CHECK DATE: _____	
<input type="checkbox"/> CASH	
<input type="checkbox"/> VISA 	<input type="checkbox"/> MASTERCARD 
CARD # <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	EXP. DATE <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/>
SIGNATURE _____	TOTAL CHARGED TO ACCT: \$ _____

City of Seal Beach  
CITY HALL  
211 8th Street  
Seal Beach, CA 90740

POSTAL CUSTOMER  
Seal Beach, CA 90740

PRSR STD  
U. S. Postage  
PAID  
Long Beach, CA  
PERMIT #70001

# Seal Beach



## Christmas Tree Lighting 2016

### Sat. November 26



starting at **4** pm



brought to you by



MEET  
SANTA

## REAL SNOW!

Go Sledding!



Build a  
SNOWMAN

Bring your own décor!

Buy  
Mistletoe  
from  
Pack 116



Thanks to our local sponsors  
**ALL ACTIVITIES ARE FREE!**



**BRING AN UNWRAPPED TOY  
& DONATE TO CHILDREN OF  
OUR FALLEN HEROES!**



More info online  
[SealBeachChamber.org](http://SealBeachChamber.org)

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